

# The THIRTY-FIFTH ESTATE

RTOERO DISTRICT 35

NEWSLETTER  
May 2023

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Welcome!

*NEW MEMBERS*  
*Lisa Durocher*  
*Hal Wilmering*

*who have joined us at*



**It is the duty of District 35 to serve all of their Members in an appropriate, fair and reasonable manner. The Executive for District 35 and Unit 2 represent the Members and share information received from RTOERO. Anyone wanting to learn more about the organization can freely contact any Member of the Executive**

***GOOD FRIENDS ARE THE PERENNIALS IN THE GARDEN OF LIFE!***

District 35 Membership encompasses teachers and support staff from:  
Dryden, Vermilion Bay, Waldhof, Eagle River, Minnitaki, Oxdrift, Wabigoon, Hudson, Sioux Lookout, Ignace. Unit 2: Red Lake, Balmertown, Cochenour, Madsen, Ear Falls.

**RTOERO DISTRICT 35****EXECUTIVE COMMITTEE MAY 2023**

<b>POSITION</b>	<b>NAME</b>	<b>CONTACT</b>
President	Carol Gardam	Phone: 807-221-8459 <a href="mailto:president35@districts.rtoero.ca">president35@districts.rtoero.ca</a>
1 <sup>st</sup> Vice-President	Sue O'Grady	807-221-6602 <a href="mailto:sue.ogrady@icloud.com">sue.ogrady@icloud.com</a>
2 <sup>nd</sup> Vice-President	Lee Ann Benson	807-221-9392 <a href="mailto:labenson60@gmail.com">labenson60@gmail.com</a>
Past President	Jackie Neall	Phone: 807-227-5564 <a href="mailto:jackie.neall@yahoo.ca">jackie.neall@yahoo.ca</a>
Unit 2, Red Lake Representative	Dennis Gushulak	Phone: 807-222-3459 <a href="mailto:dennisgushulak@shaw.ca">dennisgushulak@shaw.ca</a>
Benefits	Sue O'Grady	807-221-6602 <a href="mailto:sue.ogrady@icloud.com">sue.ogrady@icloud.com</a>
Luncheon/Social Convenor	Laura Sfreddo	Phone: 807-220-1391 <a href="mailto:laurasfreddo1391@outlook.com">laurasfreddo1391@outlook.com</a>
Goodwill Rep	Elaine Morris	Phone: 807-220-3776 <a href="mailto:etmorris3@icloud.com">etmorris3@icloud.com</a>
Member Services Rep	Lee Ann Benson	807-221-9392 <a href="mailto:labenson60@gmail.com">labenson60@gmail.com</a>
Newsletter Editor	Patsy Norman	Phone: 807-223-2511 <a href="mailto:nanapatn@shaw.ca">nanapatn@shaw.ca</a>
WebMaster/Communications Rep	Tannis Jodar	Phone: 807-220-5020 <a href="mailto:rto35.ca@gmail.com">rto35.ca@gmail.com</a> <a href="http://www.district35.rtoero.ca">www.district35.rtoero.ca</a>
District 35 Website		
Political Advocacy Rep		
Secretary	Patsy Norman	Phone: 807-223-2511 <a href="mailto:nanapatn@shaw.ca">nanapatn@shaw.ca</a>
Treasurer	Patsy Norman	Phone: 807-223-2511 <a href="mailto:nanapatn@shaw.ca">nanapatn@shaw.ca</a>
Executive Member	Heather Semeniuk	Phone: 807-938-5396 <a href="mailto:nd_1_fan@hotmail.com">nd_1_fan@hotmail.com</a>
Executive Member	Rick Wilcox	Phone: 807-216-9126 <a href="mailto:rwilcox@drytel.net">rwilcox@drytel.net</a>

**RTO/ERO DISTRICT 35****UNIT 2 (RED LAKE) EXECUTIVE COMMITTEE MAY 2023**

<b>POSITION</b>	<b>NAME</b>	<b>CONTACT</b>
President Unit 2	Dennis Gushulak	Phone: 807-222-3459 <a href="mailto:dennisgushulak@shaw.ca">dennisgushulak@shaw.ca</a>
Vice-President Unit 2	Roger Cormier	Phone: n/a <a href="mailto:rogercorm62@gmail.com">rogercorm62@gmail.com</a>
Secretary	Susan Cullen	Phone: 807-222-3384 <a href="mailto:cullen@tbaytel.net">cullen@tbaytel.net</a>
Treasurer	Roger Cormier	Phone: n/a <a href="mailto:rogercorm62@gmail.com">rogercorm62@gmail.com</a>
Goodwill and Membership Rep	Donna Gushulak	Phone: 807-222-3459 <a href="mailto:dgushulak@gmail.com">dgushulak@gmail.com</a>
Benefits Rep	Dennis Gushulak	Phone: 807-222-3459 <a href="mailto:dennisgushulak@shaw.ca">dennisgushulak@shaw.ca</a>

## **A FEW WORDS FROM OUR DISTRICT 35 PRESIDENT**

Happy Spring? Happy Everything!

As I am preparing to send Patsy this report, snow is falling and blowing! However, the good news is, as you read through this Newsletter with the reports from our Executive Members, you will see a lot of positive news and happenings that have and continue to occur in our District 35.

Our District 35 Membership numbers are growing! This is always helpful for the “strength in numbers” for representing and promoting our organization, and for advocating on issues that affect Seniors. If you know anybody working in the Education sector and looking to retire soon (Teachers, Education Assistants, Custodians, Office/Library, Board, Administration, Bus Drivers, Maintenance and more), please let them know about and encourage their membership with our organization.

Attendance at our monthly Luncheons has been wonderful! It’s always lovely to see new and regular Members interacting with one another. For those who are not able to attend from both near and far, please take a look at our District 35 Facebook page as well as our new and improved District 35 website, for pictures taken at luncheons (you will see many familiar faces).

Workshops and meetings in Toronto are occurring face-to-face again after the past few years of Zoom only. These are great ‘professional development’ opportunities for our Executive Members to learn more about our organization. They try to hold one or two in different areas/committees each year.

As per our last eblast email, our Community Grant from 2022 with the Dryden Public Library Large Print Books Project for our area libraries has been very successful! More Seniors have benefitted from accessing these books both at home via volunteer deliveries, and in our District’s communities libraries. More than 200 new books have been purchased and circulated to our area Seniors, to help keep their minds active and engaged by reading.

We will send a reminder closer to the date, but we are planning to start a ‘To Hell With the Bell’ get together on the first day of school in the Fall. This is to help celebrate not having to go back to work on that day! It will be a simple gathering for people to meet, mix and mingle, and have a coffee or breakfast together. (The District will not subsidize the event.) Wherever you live, please try to get together with some RTOERO Members and celebrate with ‘cheers’ and 9 a.m., and wish former colleagues well as they go back to work and we do not.

Enjoy spending some time outdoors this Spring and Summer, and cheers to good health and happiness with family and friends.

As always, if you have any questions about our organization, please reach out.

Take care, stay safe, and stay connected.

*- Carol Gardam  
President, District 35*

**Braiding Hair--as you braid three strands say the following:**

**1<sup>st</sup> strand “Kind Mind”  
2<sup>nd</sup> strand “Kind Body”  
3<sup>rd</sup> strand “Kind Spirit”.**

**This a ritual performed by Elders.**

(When meditating these words can be chanted when braiding any materials (i.e. rope, ribbon, grass, etc.).

## **UNIT 2 (RED LAKE) REPORT**

The winter season has finally passed on and now we are able to enjoy the merits of the spring season. During the past winter season, many of us have had the opportunity to enjoy travelling to warmer vacation areas, while others were able to enjoy visiting with family and friends. Others spent their time working in different fields, volunteering, relaxing and doing activities when they wished to do so, where they wanted to do them and how often, because they could. All of this is the result of their chosen retirement.

Roger Cormier, Unit Treasurer reported our Year-end Financial Statement for 2022 showed a deficit of \$684.80, due in part to office/luncheon meeting expenses, mileage to travel to Unit Business Luncheon Meetings either from Ear Falls or Red Lake, and increased postage mailing costs to deliver parcels. We have been able to rectify some of this deficit with the small surplus we have in our Bank Account. The Unit continues to ensure that Unit Members are taken care of with the Unit Grant received.

Donna Gushulak, Goodwill and Member Services, has ensured that Unit Members are remembered on their respective birthday. "Special Milestone" gifts were provided to Gord B. and Margaret G. for their special birthday "Milestone". We have 6 more upcoming "Milestones" this year. Donna has also made personal telephone contacts with some of the Members – checking to see how things were going. Some Members have not been able to attend our Luncheon Meetings, and this is one way we continue to make contact with them. Once again, all Members receive the Luncheon Meeting Minutes, to ensure they are kept well informed on activities within the Unit.

Dennis Gushulak, a RTOERO Provincial Committee Member on the Member Services Committee, will be ending his term on the Committee at the end of May. Dennis was the Member Services Committee Liaison for the North, B.C., The Prairies, Echo and the Atlantic. He has enjoyed his term on this Committee and encourages others to look at serving a RTOEO Committee in the future.

Members are encouraged to sign-up for webinars provided by RTOERO and the Foundation. These webinars are often posted on the website after the event, so that if Members are not able to attend the day of the webinar, they can view the webinar at their leisure time. Unit Members are also encouraged to share information in regards to RTOERO with perspective upcoming education retirees or education employees in general.

Special thanks are extended to the Unit Executive for all the work they do for our Red Lake Unit Members.

*- Dennis Gushulak  
President, Unit 2*

Bob: My wife has the worst timing. I was watching the 18<sup>th</sup> hole of the golf tournament and she decides we needed to go over our living will.

Jack: What'd you do?

Bob: We filled it out! I told her if I was ever in a vegetative state, living on fluids, just pull the plug.

So she gave me 'the look' and unplugged the T.V. and poured my beer down the sink!

This is too insightful not to share. I asked some friends who have crossed 70 and heading towards 80 what sort of changes they are feeling about themselves. They sent me this.

- After loving my parents, my siblings, my children and my friends, I have now started loving myself.
- I have realized that I am not 'Atlas'. The world does not rest on my shoulders.
- I leave my waitress a big tip. The extra money might bring a smile to her face. She is toiling much harder for a living than I am.
- I stopped telling the elderly that they've already told that story many times. The story makes them walk down memory lane and relive their past.
- I have learned not to correct people even when I know they are wrong. The onus of making everyone perfect is not on me. Peace is more precious than perfection.
- I give compliments freely and generously. Compliments are a mood enhancer not only for the recipient, but also for me. And a small tip for the recipient of a compliment never, NEVER turn it down, just say 'Thank You.'
- I have stopped bargaining with vegetable and fruit vendors. A few pennies more is probably not going to break me, but it might help the poor fellow save for his daughter's school fees.
- I have learned not to bother about a crease or spot on my shirt. Personality speaks louder than appearances.
- I walk away from people who don't value me. They might not know my worth, but I do.
- I remain cool when someone plays dirty to outrun me in the rat race. I am not a rat and neither am I in any race.
- I am learning not to be embarrassed by my emotions. It's my emotions that make me human.

- I have learned that it is better to drop the ego than to break a relationship. My ego will keep me aloof, whereas with relationships, I will never be alone.
- I have learned to live each day as if it is the last. After all, it might be the last.
- I am doing what makes me happy. I am responsible for my happiness, and I owe it to myself. Happiness is a choice. You can be happy at any time, just choose to be.

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## **POLITICAL ADVOCACY REPORT**

The RTOERO staff in Toronto and Members on the Board of Directors continue to advocate on behalf of RTOERO with several MPs, MPPs, and other government officials. The 3 main Seniors topics are Geriatric Health, Environmental Stewardship, and Seniors Strategy.

Locally, we are working on a Seniors Strategy project of trying to have our Seniors more visible in our communities. The hope is for our Seniors to have more interaction with our younger generation, with the goal of more students to feel comfortable and enter a career that works with Seniors. One example of this is the area of Personal Support Workers. Watch the District 35 eblasts for more information about this project.

\*\*\*\*\*

Over heard at the beauty salon:

Client: Well, I may be gawning old, but I think I'm also growing up!

Beautician: Oh? And what brought on this revelation?

Client: I went through my books and more than half of them were self-help so I boxed 'em up and donated them!

I decided I like myself just the way I am!

## SOCIAL/LUNCHEON REPORT

Luncheons continue to be well attended and a social event for Members.

The luncheon in February was held at Hong Kong House. Based upon the numbers attending the Hong Kong House staff sat us in the main restaurant area. Many Members in attendance commented that the food and service were excellent.

The Anglican Church ladies hosted the March luncheon providing homemade soups, salads and various sandwiches. The highlight for many Members were the homemade pies for dessert.

The Monday, May 8<sup>th</sup> luncheon and District 35 Semi-Annual General Meeting will be hosted by United Church Women at the First United Church on Van Horne Avenue. The meeting will begin at 11:00 a.m. and lunch will be served at noon.

The Monday, June 5<sup>th</sup> luncheon will be held in Vermilion Bay at the Happy Go Lucky Senior Centre. The menu will consist of a 'Box Lunch' catered by Tanya Larson and will consist of a chicken-bacon wrap, veggie cup with dip and a brownie for dessert. Refreshments--Fruit punch, coffee, and tea will be served. Volunteer callers will contact Members the week of May 22<sup>nd</sup>.

Members are reminded that if they have indicated they will attend an event but will not be able to make it, please email Laura at [laurasfreddo1391@outlook.com](mailto:laurasfreddo1391@outlook.com) and cancel so that the numbers can be adjusted.

A policy has been introduced which will assist Members who carpool to attend District Luncheons. Travel assistance is as follows:

- **Sioux Lookout and Ignace \$25 per vehicle**
- **Ear Falls \$30 per vehicle**
- **Red Lake \$35 per vehicle.**

At the luncheons the 'Book Table' has been available and successful as Members have taken and brought books. 'Thank you' to Patsy Norman who collects and hauls the books to and from the luncheons.

'Food Bank' donations of food and money continue to be accepted at luncheons. 'Thank you' to all Members who have so generously made donations to help 'feed the hungry' in our communities.

A 'Thank you' to Shirley Cole and Trish Cooke who oversee the fundraising project for the District 35 Bursary Fund.

**To all the Volunteer Luncheon Callers/Emailers** 'Thank you'. Wendy Smit-Fisher, Mary Case, Carolyn Stratford, Trish Cooke, Dave and Shirley Roberts, Ross Bolton, Lee Ann Benson, Sue O'Grady, Elaine Morris, Carol Gardam, and Heather Semeniuk. 'Thank you' to Dennis Gushulak who co-ordinates the Unit 2, Red Lake/Ear Falls luncheons.

We will be taking a break from the luncheons over the summer and will meet again in September at the Wabigoon Hall.

Have a wonderful summer and see you in the fall.

*-Laura Sfreddo*

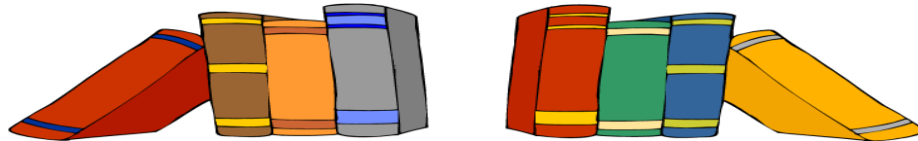
**LUNCHEON SCHEDULE 2023**

Note: Doors open at 11:30 am for 12 noon Luncheons. Doors open at 10:30 am for Semi Annual Mtg.

MONTH/DAY	TIME	LOCATION	INFORMATION
Monday, May 8	11 am	First United Church	Semi Annual Meeting
	12 noon		Lunch Served
Monday, June 5	12 noon	Happy Go Lucky Senior Centre (Vermilion Bay)	NEW VENUE
<b>July/August</b>	<b>SUMMER BREAK--NO LUNCHEONS</b>		
Monday, September 11	TBA	Wabigoon Memorial Hall--TBC	No back to school for you.
Monday, October 2	11 am	Oxdrift Hall	Semi Annual Meeting
	12 noon		Lunch Served
Monday, November 6	12 noon	Royal Canadian Legion	Happy Autumn!
Monday, December 11	12 noon	Royal Canadian Legion Hall	Merry Christmas Luncheon

**'SHARE A BOOK'**

**SHARE A BOOK** is a District 35 'Service to Others' project. Members are asked to donate books which are displayed on a book table set up at luncheons. Everyone is encouraged to take a look and if they wish they can take a book(s) for whatever amount they wish to donate. **All donations will be given to the 'Books for Babies' program (Dryden Regional Health Centre Auxiliary).** Over the past five years we have raised \$1,003 for this project to give newborns their very first book. If you have books to donate, please bring them to a luncheon or they can be dropped off at 154 Wilde Street.

*A message for quilters*

*Last year 'Quilters' donated quilts to 'Christmas Cheer and they were included in the Christmas packages..*

*Once again there will be a collections of quilts (knitted/crochet throws also accepted). During the Christmas Season this year the quilts will be donated to 'Hoshizaki House'*

*If you are interested in making and donating a quilt (lap-size is preferable but any size is welcomed) please contact Laura Sfreddo.*

**"It's a lot easier getting older, than wiser."**

## **GOODWILL REPORT**

This report covers the period of December 2022 to April 2023.

It has been a privilege to send notes of sympathy to the families and get well greetings, or birthday greetings on behalf of RTOERO District 35 to our Members.

'Get Well' cards are sent to Members who have been hospitalized for at least one night. Get well wishes were sent to:

- Joan Henderson
- Sue O'Grady
- Roy McComb
- Carol Gardam
- Linda Joy Smith

There were 29 Members who have celebrated their 80+ birthdays during the past five months and were sent birthday cards from District 35.

A special 'Thank You' to **Trish Cooke** who took care of Goodwill duties while I was undergoing medical issues.

And a big 'Thank You' goes to **Linda Joy Smith**, from Sioux Lookout, for her help in keeping us informed of Members who are sick or experiencing a bereavement in their family in Sioux Lookout. Also 'Thank You' to **Donna Gushulak** who sees that Unit 2 (Red Lake/Ear Falls) Members are remembered.

Thanks to all who send me information on Members who have lost a loved one or of a person who had a hospital stay for a night or more.

I can be reached at 807-220-3776 or by email at [etmorris@icloud.com](mailto:etmorris@icloud.com).

- *Elaine Morris*



Condolences were sent in memory of loved ones to:

- ❖ *Hal Wilmering in memory of wife Jill;*
- ❖ *Kathy Boone in memory of mother Margaret Tschumi;*
- ❖ *Carol Gardam in memory of sister-in-law Claire Gardam and brother-in-law Bill Lundstrom;*
- ❖ *Rachelle Davenport in memory of mother-in-law;*
- ❖ *Diane Mason in memory of son Hugh;*
- ❖ *Clinton Bruetsch in memory of mother Jean Bruetsch.*

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## **COMMUNICATIONS REPORT**

The District 35 RTOERO webpage is now being updated frequently so please check it out whenever possible. Pictures taken at monthly luncheons are posted on the website. [www.district35.rtoero.ca](http://www.district35.rtoero.ca)

New e-blasts will continue to be sent to all Members

Do you use Facebook? Please "like" or "follow" our RTOERO District 35 page. This also has local pictures and information.

If you have any information to share please do not hesitate to reach out to myself or other Executive Members.

- *Tannis Jodar*



**"A cup of coffee shared with a friend is happiness tasted and time well spent."**

### **MEMBERSHIP REPORT**

As of April 1, 2023 the Retired membership of District 35 is 271. In addition there are 20 Actively Employed members.

We are pleased to have new members join our group this year and have enjoyed seeing new faces out to our luncheons.

For those who are contemplating retirement in the not-too-distant future there are retirement workshops available on line. There are many options for dates and times for your convenience. We hear that we may look forward to in person workshops in our area in the near future so we will keep you informed of that possibility when we get more information. Please help spread the word about our RPWs (on-line and in-person) to any potential retirees you may know

I have been busy spreading the good word about our organization to the area schools, as March is such a popular month for people to decide to retire and join our happy ranks! Spring is definitely in the air as we look forward to those extra long days turning into evenings of northwestern sunsets. Enjoy each one.

*- Lee Ann Benson*

### **A CHILD'S VIEW OF THUNDER STORMS**

A little girl walked to and from school daily. Though the weather that morning was questionable and clouds were forming she made her daily trek to school. As the afternoon progressed, the winds whipped up, along with lightening.

The mother of the little girl felt concerned that her daughter would be frightened as she walked home from school. She also feared the electrical storm might harm her child. Full of concern, the mother got into her car and quickly drove along the route to her child's school. As she did, she saw her little girl walking along.

At each flash of lightening, the child would stop, look up, and smile. More lightening followed quickly and with each, the little girl would look at the streak of light and smile.

When the mother drew up beside the child, she lowered the window and called, "What are you doing?"

The child answered, "I am trying to look pretty because God keeps taking my picture."

May you be blessed today and everyday as you face the storms that come your way!

**TREASURERS REPORT****Statement of Income and Expenses  
January 1 to December 31, 2022**

	<b>Income</b>	<b>Expenditures</b>	<b>Balance</b>
Annual Grant	\$17,00	* \$1,600	\$15,400
Luncheons	3,455	5,582	(2,127)
District Meetings	0	208	(208)
District PR	0	1,618	(1,618)
Travel	0	359	(359)
RTOERO Forum	0	2,624	(2,624)
Administration	0	1,523	(1,523)
Goodwill	0	836	(836)
Newsletter	0	1,108	(1,108)
District 35 Bursaries	473	600	(127)
Share a Book	105	0	105
Food Bank	596	4,200	(3,604)
**Community Service Project(s)	**4,000	**4,000	0
<b>Income - Expenditures</b>	<b>\$25,629</b>	<b>\$25,034</b>	<b>\$595</b>
<b>Opening Balance Jan 1/2022</b>			<b>\$16,419</b>
<b>BANK BALANCE as of Dec 31/2022</b>			<b>\$17,014</b>

\* \$1,853 is Unit 2, Red Lake share of the Provincial Grant.

\*\* RTOERO Community Service Project(s) (Grant to Library)  
--funding was received for large print books and book bags for distribution throughout the area.

Thank you to Members who participated in the various fundraising projects throughout the year. Your generosity touched many.

*- Patsy Norman*

**Cooking with Grandma**

**Grandma:** "Sniff...Mmm...a little more sage should do it!"

**Granddaughter:** "Grandma--you never measure any thing. Every time I watch you cook, you just toss things into a bowl, an' it comes out perfect."

**Grandma:** "I measure things, dear."  
"I use pinches of salt, dashes of pepper, knobs of butter, sprinklings of cayenne, splashes of milk, gollups of syrup, drops of colouring, dollups of oil, sifts of flour, mounds of oatmeal handfuls of rice..."

**Granddaughter:** "But those aren't real measurements."

**Grandma:** "Of course they are! Have you never heard of 'GRAMS'".

**RTOERO DISTRICT 35  
BURSARIES**

In 2022 District 35 awarded a Bursary (\$200) to one graduating student from each of the District High Schools (Dryden High, Ignace, Red Lake, Sioux Lookout). The successful applicants were:

- Michael Zhao, Dryden High School
- Wyatt Mantle, Ignace High School
- Erica Forsythe, Red Lake High School
- Charles Darling, Sioux North High Sioux Lookout.

In order to qualify for a Bursary, the recipient must graduate in June of the current year and enroll to attend a post secondary program in the Fall of the same year. The funds are forwarded to the recipient upon receipt and confirmation of their 2<sup>nd</sup> semester enrolment.

All graduating students are welcome to apply.

The District 35 'Awards' committee review all applications and recommend the successful recipients to the Executive. Consideration may be given to those with relatives in RTOERO District 35 or entering the education field.

Funding for these bursaries is achieved by the generosity of Members who support the fundraising event held at District 35 luncheons and personal donations. If a Member wishes to make a donation to the Bursary fund, your contribution will be greatly appreciated.

Since RTOERO District 35 was established there have been many Members who have served on the Executive Committee. When you see these people please say 'Thank You' for their guidance in making District 35 the active group it is.

## *'THANK YOU'*

- *Bob Bonham--Treasurer (00-01).*
- *John Borst--Charitable Foundation (18-19), Programs (04-12), Communications (07-12), Luncheons (04-08),*
- *Bob Bourre--President (04-07), Past President (07-09), 1<sup>st</sup> Vice-President and 2<sup>nd</sup> Vice-President (02-04), Pension & Retirement (05-07).*
- *Frank Clarke--Newsletter (01-02), Communications (01-07).*
- *Lynne Dingwall--Goodwill (07-13).*
- *Julie Dzeoba--Luncheons (08-13).*
- *Lynne Euler--Political Action (05-09).*
- *Judith Hamilton--President (09-11), Past President (11-13), 1<sup>st</sup> Vice-President and 2<sup>nd</sup> Vice-President (06-09), Secretary (03-08), Luncheons (13-20).*
- *Joan Hatch--President (1993), Luncheons (98-11).*
- *Brian Kenny--President (03-04), 1<sup>st</sup> Vice-President and Second Vice-President (00-03), Political Action (00-06), Pension & Retirement (07-08).*
- *Linda Lampshire--Secretary (98-01).*
- *Betty Lyle--President (03-04/06-10) and Past President (10-11), 1<sup>st</sup> and 2<sup>nd</sup> Vice-President, Pension & Retirement (08-19).*
- *Diane Mason--Membership (00-01).*
- *Pat MacKenzie--Membership (10-13)*
- *Wayne McCallum--President (96-98), Past President (98-99), Membership (01-03), Travel (04-06).*
- *Sharon McGregor--President (98-00), Past President (00-01), Membership (01-03), Travel (03-06).*

*(to be continued in the next Newsletter.)*

**“Let your smile change the world but don’t let the world change your smile.”**

## **BENEFITS REPORT**

A reminder to everyone that as of January 1, 2023, the RTOERO policy will require you to submit your claims within 6 months from the date the expense was incurred. For **items** such as glasses or orthotics, the incurred date is the date the item was paid in full. For **services**, such as massage or physiotherapy, the incurred date is the day the service was rendered.

RTOERO continues to offer many convenient ways to submit your claims. To learn more visit [rtoero.ca/insurance/claims](http://rtoero.ca/insurance/claims) If you have specific questions about any claims, please call Johnson Inc. at 1-877-406-9007 or RTOERO Head Office in Toronto 1-800-361-9888.

*- Sue O'Grady*

### **"The Thirty-Fifth Estate"** **(District 35's Newsletter)**

"The Thirty-Fifth Estate" is published twice a year, Spring and Fall.

Contributions by members are always welcome. If you have something to share please send it to me at [nanapatn@shaw.ca](mailto:nanapatn@shaw.ca).

An electronic version of "The Fifth Estate" can be viewed by visiting our website [www.district35.rtoero.ca](http://www.district35.rtoero.ca) If you would prefer to read the newsletter on the website, or perhaps you no longer wish to receive a copy, please contact me and your name will be removed from our mailing list. Also, if you have indicated in the past that you wished to receive the newsletter in the electronic format only and now would rather receive a printed copy, please inform me and I will put you back on the mailing list.

*- Patsy Norman, Editor*

#### **RTOERO Board of Directors as of April 2023**

<b>Chair:</b>	<b>Martha Foster</b>
<b>Vice-Chair:</b>	<b>Claudia Mang</b>
<b>Directors:</b>	<b>Jacqueline Aird</b>
	<b>Pam Baker</b>
	<b>Louise Guérin</b>
	<b>Martin Higgs</b>
	<b>Bill Huzar</b>
	<b>David Kendall</b>
	<b>Gayle Manley</b>
<b>Chief Executive Officer:</b>	<b>Jim Grieve</b>

#### **RTOERO Head Office**

<b>Address:</b>	<b>18 Spadina Road, Suite 300, Toronto, Ontario. M5R 2S7</b>
<b>Phone:</b>	<b>1-800-361-9888 1-416-962-9463</b>
<b>Web:</b>	<b><a href="http://www.rtoero.ca">www.rtoero.ca</a></b>

